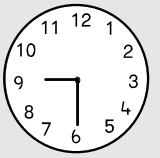

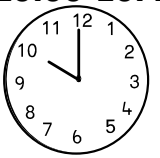

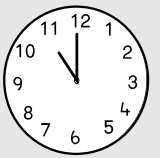


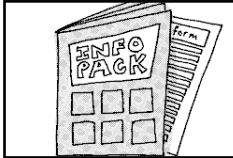

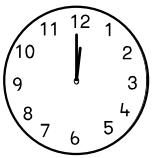










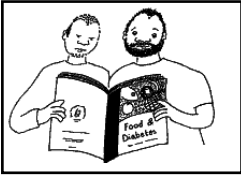





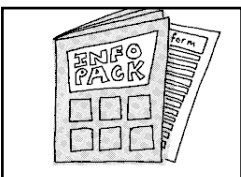
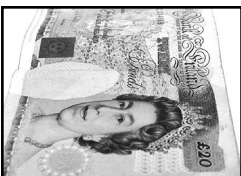
My Time, My Choice Conference:

Morning sessions

	Name of workshop		Room	Outcomes of workshop
<p>9.00-9.30</p> 	<p>Registration</p> <p>Welcome at 9.30 am - Caroline Argent London Sports Forum for Disabled people</p>		<p>Registration</p> <p>Kennedy Lecture Theatre</p>	<p>Hear about My Time, My Choice and the London Sports Project products.</p>
<p>10.00-10.45</p> 	<p>Play</p>		<p>Kennedy Lecture Theatre</p>	<p>Hear people with learning disability tell their experiences. Find out the issues and what you can do to get people involved.</p>
<p>11.00-11.45</p> 	<p>Boccia</p> <p>Specialist Panels - Community Inclusion One to One Enfield Community Linkup - Harrow</p> <p>Where do I start?</p> <p>Finding money for projects</p>	   	<p>Room A</p> <p>Kennedy Lecture Theatre</p> <p>Room B</p> <p>Leolin Price Lecture Theatre</p>	<p>Come and play this fun inclusive game. Meet the people with learning disabilities running the session.</p> <p>See and hear two successful ways to support people to access community activities. Hear them describe the tools they use.</p> <p>My Time My Choice - support workers toolkit - resources, information sheets, main areas to start.</p> <p>Small grants aid schemes and possible funding with Health authorities.</p>
<p>12.00-12.45</p> 	<p>SportsAbility</p> <p>Specialist Panels - Healthy Lifestyles: Wandsworth Fitness Project Greenwich Community Link</p> <p>Planning for Sport and Leisure Annie Lawton (BILD)</p> <p>Specialist Panels- London Sports Forum & Alison Pointu</p>	   	<p>Room B</p> <p>Kennedy Lecture Theatre</p> <p>Leolin Price Lecture Theatre</p> <p>Room A</p>	<p>Great table top games for people with multiple impairments - Meet the people running the session.</p> <p>See and hear two successful people talk of how they worked with healthy lifestyles issues and people accessing the community.</p> <p>The role of supporters in breaking down or negotiating barriers that prevent people extending their range of sport and leisure activities.</p> <p>A description of two London based projects run by local PCTs. LSF will describe community sport and how people can access community activities.</p>

My Time, My Choice Conference:

Afternoon sessions

	Name of workshop		Room	Outcomes of workshop
<p>1.00-2.00</p> 	LUNCH			LUNCH
<p>2.00-2.45</p> 	<p>Boccia</p> <p>Specialist Panels - Sport4Lambeth & Barnet Mencap</p> <p>SportsAbility</p> <p>Planning for Sport and Leisure Annie Lawton (BILD)</p>	   	<p>Room A</p> <p>Kennedy Lecture Theatre</p> <p>Room B</p> <p>Leolin Price Lecture Theatre</p>	<p>Come and play this fun game. Meet the people with learning disabilities running the session.</p> <p>See and hear how two Mencap societies and PCT's use sport and physical activity to improve health.</p> <p>Great table top games for people with multiple impairments. Meet the people with learning disabilities running the session.</p> <p>The role of supporters in breaking down or negotiating the barriers that prevent people from extending their range of sport and leisure activities.</p>
<p>3.00-3.45</p> 	<p>Play</p> <p>Specialist Panels- supporting people to become sports leaders</p> <p>Where do I start?</p> <p>How to find money for projects</p>	   	<p>Kennedy Lecture Theatre</p> <p>Leolin Price Lecture Theatre</p> <p>Room B</p> <p>Room A</p>	<p>Hear people with learning disability tell their experiences, understand the issues and what you can do to get people involved.</p> <p>Introduction to Special Olympics coach mentoring programme and people with learning disability tell their stories of becoming coaches.</p> <p>My Time My Choice - support workers toolkit - resources, information sheets, main areas to start.</p> <p>Small grants aid schemes and possible future funding with Health authorities.</p>