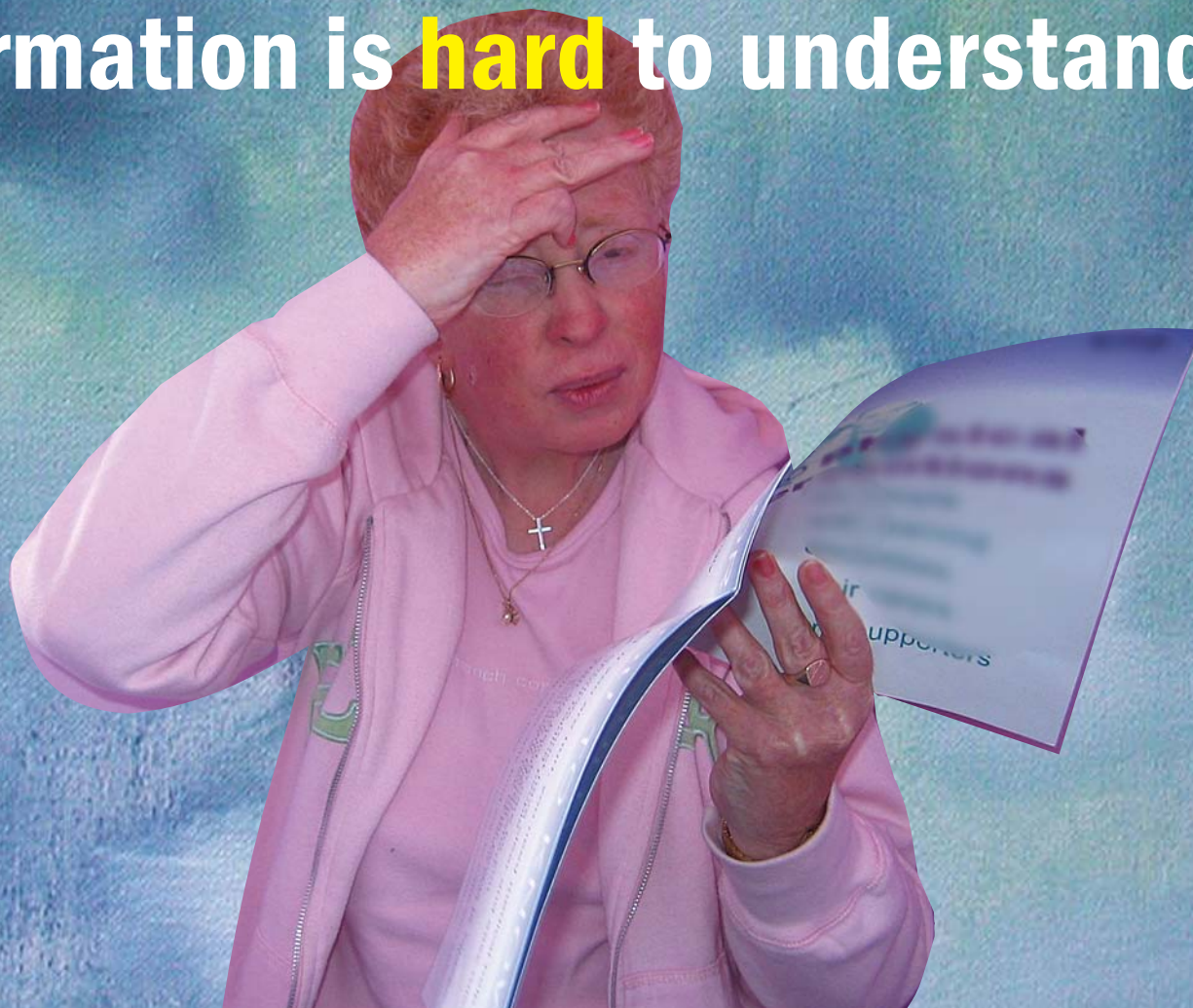


# Confused?

Sports information is **hard** to understand.



Contact your local **Sports Development Office** and ask for a list of clubs and activities in **Easy pictures and words**.

Do you want to go swimming?



Classes are at the New Town Leisure Centre

New Town High Street AB12 1YZ

Near the Cinema - buses 1, 2, 3, 4,

At 6pm every Wednesday

Everyone welcome!

Phone 020 0123 4567 to find out more!



Come and learn to swim



Oldbury Leisure Complex

Western Road YZ12 4DF

Near the Bingo Hall - buses 5, 6, 7, 8,

10am every Saturday

Beginners welcome!

Phone 020 0123 4567 to find out more!



**My Time, My Choice:** a series of posters highlighting issues around sport from a London wide consultation with people with learning disabilities. Tel: **020 7354 8666**

[www.londonsportsforum.org.uk](http://www.londonsportsforum.org.uk) [londonsportsforum@lsf.org.uk](mailto:londonsportsforum@lsf.org.uk)

